

## WHAT TO BRING WITH YOU:

*The following is a suggested list and will help organize your camper. Nametags or a permanent black marker should be used to label every article of clothing and all other belongings for each camper.*

- **Clothing:**
  - 1 pair waterproof shoes or rubber boots
  - 1 warm jacket
  - 2 sweatshirts/sweaters
  - 1 raincoat/poncho
  - 3-4 pairs long pants
  - 2 pairs sneakers (1 smooth soled for tennis plus 1 basketball/running)
  - 1 pair watershoes/sandals
  - Sunglasses (inexpensive but UV blocking)
  - 10-12 pairs underwear
  - 6-8 pairs shorts
  - 10-12 T-shirts (1-2 long sleeve)
  - 2-3 pairs pajamas
  - 12-15 pairs of athletic socks
  - Hat/Visor
  - Daypack
  - 2 swimsuits (GIRLS ARE REQUIRED TO HAVE A ONE PIECE BATHING SUIT FOR INSTRUCTION AND SPECIAL EVENTS). They may also bring an appropriate two piece suit for elective swimming/boating events.
  
- **Required Bedding (International Campers may request bedding for an additional fee) and Bath Supplies (remember NO aerosol cans)**
  - 3– 4 blankets (Susquehannock has warm days and cool nights!)
  - 4 flat sheets (cot or single size)
  - 2-3 pillowcases
  - 1 pillow
  - 1 mattress pad (optional)
  - 4 beach/bath towel
  - 2 washcloths
  - 1 Mesh laundry bag
  - 1 sleeping bag with a “stuff bag” in order to carry it easily for overnights
  - 1 flashlight
  - Toothbrush and toothpaste
  - Soap and soap dish
  - Sunscreen
  - Insect repellent (with 100% Deet recommended) pump or cream style (no aerosols allowed)
  - Biodegradable shampoo only
  - Comb/brush, nail file/clippers, deodorant, mouth wash etc...in a bag/basket to carry
  - Reading books, writing materials
  - Small container of clothes washing detergent (cabin staff will be overseeing laundry on site)

If your child wears glasses or contacts, we suggest that they have an extra pair/set.

*\*Many of the consumable items listed here pennants are for sale in the Camp Store.  
Also things like disposable cameras, stationery/stamps and many Susquehannock “specialty”  
items including camp flashlights, water bottles, beach towels, T-shirts, hats and  
sweatshirts/pants*

- **Sports Equipment:** If your child owns any of the following, they should bring it to camp.

Tennis Racquet	Mountain Bike (and helmet)
Street/Field Hockey stick	Lacrosse stick
Baseball glove (S4B)	Fishing gear
Softball glove (S4G)	Hiking boots
Inline skates (and pads)	
- **ALL CAMPERS MUST BRING THE FOLLOWING:**

Shin guards	Mouth guard(already formed and in a container)
Cleated (plastic) sneakers	

**\*\*PLEASE BE SURE NAME APPEARS ON ALL OF YOUR CAMPERS ITEMS\*\***