

Packing Information

Clothing, Equipment and Valuables should all be clearly marked with the camper's name!!! We ask that you *not* allow your child to bring anything that is of excessive value to camp because we cannot be responsible for their safety and/or loss.

In regard to electronics: it has become increasingly difficult for our campers to participate fully in activities or be "in the present" with their teammates and cabin mates if they turn themselves off with headphones, electronic games or movies. It is also very difficult for the staff to prohibit inappropriate lyrics and downloaded movies or to block Internet connections. Our experience is that these devices interfere with relationship building and are not needed at camp. Many of our campers agree. We want to be "in a world apart" and so we ask you to insist that your child not bring internet-capable iPods (or equivalent devices), TV's, DVD Players, computers, stereos, cell phones, expensive cameras or watches. If any of these devices do find their way to camp, we will store them in the camp safe until the session is over. Simple radios or MP3 players used to listen to music as a group at rest hours will be permitted.

Pets: Campers are not allowed to bring pets/animals to Camp.

PACKING LIST – This completed list should accompany your child to camp in their luggage

The following is a suggested list and will help organize your camper.

IMPORTANT: Nametags or a permanent black marker should be used to label every article of clothing and all other belongings for each camper. Unlabeled items cannot be returned to their owner.

If you would like to order easy stick name labels, visit our website for more information.

A list of your camper's belongings should be taped to the lid of their trunk and we recommend that you AND your camper pack together so your child really knows what they have with them!

Clothing: Items will be stored in the trunk/duffle bag/tote campers bring with them to Camp.

Item	Suggested quantity	Notes	Actual quantity packed
Waterproof shoes or rubber boots	1 pair	Rainy days can create lots of mud	
Warm jacket	1		
Sweatshirts/sweaters	2		
Raincoat/poncho	1		
Long pants	3 - 4 pairs		
Sneakers	2 pairs	Required - 1 smooth soled (tennis), 1 for other sports	
Cleated (plastic) sneakers	1 pair	Required	
Watershoes/sandals	1 pair		
Underwear	12 - 14 pairs		

Shorts	6 – 8 Pairs		
T-shirts	10 – 12	1 - 2 long sleeve	
Pajamas	3 – 4 pairs		
Athletic socks	12 – 15 pairs	2 pairs should be long socks to cover shins	
Hat or visor	1		
Daypack	1		
Swim suits	2	Girls are required to have a 1-piece suit for instruction and special events. They may also bring an appropriate 2-piece suit for elective swimming or boating events.	
Shin guards	1 pair	Required – this is for safety	
Mouth guard	1	Required - already formed and in a container	
Sunglasses	1 pair	Inexpensive but UV blocking	

Horseback Riding: Campers who will be horseback riding must wear an ASTM approved helmet, and boots or hard-soled shoes with a heel. (Although Camp has some helmets, we prefer that campers bring their own to guarantee fit.) Additionally, all riders must have long pants suitable for riding.

Bedding and Bath Supplies (Required):

International Campers may request bedding (for an additional fee)

Remember NO aerosol cans

Item	Suggested quantity	Notes	Actual quantity packed
Blankets OR Comforter	2 1	One heavy and one light blanket. Camp has warm days and cool nights!	
Sheets	4 flat (or 2 fitted and 2 flat)	Cot or single size	
Pillow	1		
Pillow cases	2		
Mattress pad (optional)	1		
Towels	4	Beach or bath	
Washcloths	2		
Mesh laundry bag	1		
Sleeping bag	1	With a “stuff bag” in order to carry it easily for overnights	
Flashlight	1		
Water bottle	1		
Toothbrush and tooth paste			
Soap and soap dish			
Sunscreen			
Insect repellent		Deet free recommended - pump or cream style (no aerosols allowed)	
Biodegradable shampoo only		Kiss My Face is one brand option	
Deodorant		No aerosols allowed	
Comb/brush			
Bag or basket (optional)		To carry bath supplies in	

Nail file/clippers (optional)			
Mouthwash (optional)			
Writing Materials		Paper, envelopes, stamps, pre addressed labels	
If your child wears glasses or contacts, we suggest that they have an extra pair/set			
We suggest you bring your own reading materials, we do have a small Camp Library			

**Many of the consumable items listed here are for sale in the Camp Store. Also things like disposable cameras, stationery/stamps and many Susquehannock “specialty” items including camp flashlights, water bottles, beach towels, T-shirts, hats, sweatshirts/pants and pennants.*

Sports Equipment:

If your child owns any of the following equipment, they may want to bring it to camp. If they do not, we have equipment for them to use. Personal equipment is stored in the cabin and only used when supervised by a staff member in the appropriate area.

<input type="checkbox"/> Tennis Racquet	<input type="checkbox"/> Bike helmet and gloves (12 years and up)
<input type="checkbox"/> Street/Field Hockey stick	<input type="checkbox"/> Baseball glove (boys)
<input type="checkbox"/> Lacrosse stick	<input type="checkbox"/> Softball glove (girls)
<input type="checkbox"/> Hiking boots	<input type="checkbox"/> Fishing gear
<input type="checkbox"/> Inline skates (and pads)	